

# I Międzychodzka Dziesiątka

| <b>M</b> | <b>Mck</b> | <b>Kat</b> | <b>Nr</b> | <b>Imię</b> | <b>Nazwisko</b> | <b>Miejscowość</b>  | <b>Team</b>                   | <b>Wynik</b> |
|----------|------------|------------|-----------|-------------|-----------------|---------------------|-------------------------------|--------------|
| 1        | gen1       | M 20       | 39        | Marcin      | Sajek           | Płoty               |                               | 00:33:26.00  |
| 2        | gen2       | M 30       | 177       | Tomasz      | Chawawko        |                     |                               | 00:35:25.53  |
| 3        | gen3       | M 20       | 224       | MARCIN      | ZAGÓRNY         | RADNICA             | SPORT TEAM RADNICA            | 00:35:35.78  |
| 4        | gen4       | M 30       | 228       | Sommer      | Tomasz          | Sulechów            |                               | 00:35:42.95  |
| 5        | gen5       | M 20       | 133       | Karol       | Kazikowski      | Drezdenko           | Runnersclub.pl/Drużyna Szpiki | 00:36:05.14  |
| 6        | gen6       | M 40       | 1         | Michał      | Bartoszak       | Kiekrz              | Saucony                       | 00:36:12.72  |
| 7        | 1          | M 20       | 145       | Mateusz     | Rodewald        | Wronki              | AZS Politechnika Poznańska    | 00:36:22.15  |
| 8        | 2          | M 20       | 137       | Adrian      | Graczyk         | Czarnków            |                               | 00:36:42.85  |
| 9        | 1          | M 50       | 155       | Marian      | Kapitańczyk     | Poznań              | kb Maniac Poznań              | 00:36:56.86  |
| 10       | 2          | M 50       | 235       | JÓZEF       | NADOLNY         | GŁOGÓW              | NIEZRZESZONY                  | 00:37:00.51  |
| 11       | 3          | M 20       | 157       | Marcin      | Palczarski      | Gorzów Wielkopolski | ZWRS                          | 00:37:23.71  |
| 12       | 1          | M 30       | 69        | PIOTR       | MIKOŁAJCZYK     | NOWA SÓL            | NOWOSOLSKA GRUPA BIEG         | 00:37:24.55  |
| 13       | 4          | M 20       | 71        | Krzysztof   | Sobkowski       | Międzychód          | niezrzeszony                  | 00:37:33.30  |
| 14       | 5          | M 20       | 237       | Piotr       | Nadolny         | Głogów              | niezrzeszony                  | 00:37:45.73  |
| 15       | 3          | M 50       | 149       | krzysztof   | pokrzywinski    | police              | zch police                    | 00:38:00.71  |
| 16       | 2          | M 30       | 219       | Tomasz      | Jędrzejczyk     | Międzyrzecz         | Międzyrzecz                   | 00:38:23.04  |
| 17       | 6          | M 20       | 110       | Kamil       | Przyworski      | Krosno Odrzańskie   | JW4408                        | 00:38:54.99  |
| 18       | 1          | M 40       | 8         | Janusz      | Dubiel          | Krzyż Wielkopolski  |                               | 00:39:10.22  |
| 19       | 1          | M 16       | 221       | Stawomir    | Orzeł           | Sieraków            | MMA Devil Międzychód          | 00:39:19.62  |
| 20       | 7          | M 20       | 326       | Rafał       | Misjan          | Strzelce Kramieckie |                               | 00:39:21.69  |
| 21       | 3          | M 30       | 89        | Ciosek      | Artur           | GORZÓW WIELKOPOLSKI |                               | 00:39:28.33  |
| 22       | 4          | M 30       | 172       | Jarosław    | Górski          | GORZÓW WIELKOPOLSKI |                               | 00:39:29.49  |
| 23       | 8          | M 20       | 35        | Adam        | Sobczyński      | Międzychód          |                               | 00:39:30.65  |
| 24       | 2          | M 40       | 37        | KAROL       | HEŁAK           | KRZYŻ WLKP          | PHU HANIA                     | 00:39:34.67  |
| 25       | 9          | M 20       | 233       | Wojciech    | Mądry           | Swarzędz            | Swarzędz Team                 | 00:39:44.81  |
| 26       | 3          | M 40       | 152       | Tomasz      | Chelkowski      | Sieraków            | Grodziski Klub Biegacza       | 00:39:45.43  |
| 27       | 2          | M 16       | 146       | Krzysztof   | Przyworski      | Maszewo             |                               | 00:39:48.33  |
| 28       | 10         | M 20       | 115       | Szymon      | Derwich         | Poznań              | SajmonRajmon                  | 00:39:49.62  |
| 29       | 5          | M 30       | 83        | Michał      | Kacprzak        | Poznań              | KS STK Tęcza                  | 00:39:52.23  |
| 30       | 11         | M 20       | 138       | Mateusz     | Cegielski       | Lubikowo            |                               | 00:40:20.74  |
| 31       | 12         | M 20       | 31        | Marcin      | Dąbrowski       | Międzyrzecz         |                               | 00:40:26.74  |
| 32       | 4          | M 50       | 2         | Włodzimierz | Paroń           | Międzychód          | KB Międzychód                 | 00:40:27.47  |
| 33       | 6          | M 30       | 198       | szymon      | Gotfrydziak     | międzychód          | jw 5700                       | 00:40:31.93  |
| 34       | 3          | M 16       | 84        | Łukasz      | Fabiański       | Międzychód          | brak                          | 00:40:33.29  |
| 35       | 7          | M 30       | 105       | Piotr       | Lis             | Toruń               | KM Truchcik Łubianka/JW 144   | 00:40:40.58  |
| 36       | gen1       | K 20       | 226       | Batrak      | Natalia         | Ukraina             |                               | 00:40:55.67  |
| 37       | 8          | M 30       | 282       | PAWEŁ       | WISNIEWSKI      | KWILCZ              | KB.TO TU KWILECKIE BI BA      | 00:41:15.74  |
| 38       | 9          | M 30       | 112       | Maciej      | Śliwiński       | Dąbrówka            | Happy Day                     | 00:41:16.99  |
| 39       | 10         | M 30       | 273       | Paweł       | Wojewoda        | Wieleń              |                               | 00:41:27.00  |
| 40       | 4          | M 40       | 319       | Marciniak   | Witold          | Poznań              |                               | 00:41:34.93  |
| 41       | 11         | M 30       | 55        | Bartosz     | Fitych          | Nowa Sól            | Nowosolska Grupa Biegowa      | 00:41:39.11  |
| 42       | 1          | M 60       | 241       | Stawniczy   | Wiesław         | NIEZRZESZONY        | 508113567                     | 00:41:48.29  |
| 43       | 13         | M 20       | 286       | Bartosz     | Szpajer         | Luboń               | Klub Maratończyka V LO w Po   | 00:41:55.64  |
| 44       | 5          | M 50       | 134       | Gerard      | Pietruszyński   | Międzychód          |                               | 00:41:57.40  |
| 45       | gen2       | K 40       | 211       | Danuta      | Pietruszyńska   | Międzychód          |                               | 00:41:58.05  |
| 46       | 5          | M 40       | 103       | Krzysztof   | Kochan          | Międzyrzecz         | KB .Międzyrzecz               | 00:42:00.41  |
| 47       | 6          | M 50       | 187       | Adam        | Musiak          | Krzyż Wlkp          | Brak                          | 00:42:01.24  |
| 48       | 12         | M 30       | 196       | Sobczyński  | Piotr           | Międzychód          |                               | 00:42:10.49  |
| 49       | 6          | M 40       | 194       | Piotr       | Orywał          | Poznań              | KANCELARIA ORYWAŁ             | 00:42:16.07  |
| 50       | 13         | M 30       | 147       | Michał      | Sewiło          | Poznań              |                               | 00:42:19.89  |
| 51       | 7          | M 40       | 119       | Sławomir    | Szulczyk        | Międzychód          | niezrzeszony                  | 00:42:28.20  |
| 52       | gen3       | K 20       | 190       | Beata       | Pokrzywińska    | POLICE              | BiegamboLubie Police          | 00:42:31.60  |
| 53       | 14         | M 20       | 255       | Hubert      | Wojciechowski   | Sulęcín             |                               | 00:43:12.60  |
| 54       | 15         | M 20       | 175       | Krzysztof   | Solarek         | Gorzów Wielkopolski | ZWRS                          | 00:43:18.47  |
| 55       | 8          | M 40       | 13        | PIOTR       | FREIER          | KROSNO ODRZAŃSKIE   |                               | 00:43:26.66  |
| 56       | 16         | M 20       | 30        | Patryk      | Kowalski        | Międzychód          | KB Międzychód                 | 00:43:26.92  |
| 57       | 17         | M 20       | 185       | Mateusz     | Agaciak         | Międzychód          |                               | 00:43:27.82  |
| 58       | 18         | M 20       | 173       | Karol       | Maciąg          | Lubikowo            |                               | 00:43:40.41  |
| 59       | 9          | M 40       | 292       | Paweł       | Zdziechowski    | Dabrowa             | ~~~~~                         | 00:43:41.78  |
| 60       | 19         | M 20       | 227       | Gwóźdź      | Jacek           | Drezdenko           |                               | 00:43:43.25  |
| 61       | 4          | M 16       | 259       | Damian      | Obrocki         | Chrzypsko Wielkie   | KW04                          | 00:43:53.89  |
| 62       | 10         | M 40       | 128       | LESZEK      | ZABAGŁO         | GORZÓW WIELKOPOLSKI | NIEZRZESZONY                  | 00:43:57.64  |
| 63       | gen4       | K 30       | 296       | Barbara     | Pochranowicz    | Mysliborz           | G.B.Netto Debno               | 00:43:59.29  |

|     |      |   |    |     |              |               |                     |                             |             |
|-----|------|---|----|-----|--------------|---------------|---------------------|-----------------------------|-------------|
| 64  | 14   | M | 30 | 266 | Artur        | Cieplucha     | Tumidaj             | Sieradzbiega.pl             | 00:44:04.69 |
| 65  | gen5 | K | 50 | 88  | Maria        | Kawiorska     | Borowy Młyn         |                             | 00:44:09.24 |
| 66  | 7    | M | 50 | 239 | Marek        | Rybarczyk     | Krzyż Wielkopolski  |                             | 00:44:11.24 |
| 67  | 8    | M | 50 | 41  | Wojciech     | Frączkiewicz- | Czechów             | Run Expert Gorzów Wlkp      | 00:44:12.49 |
| 68  | 9    | M | 50 | 76  | Romuald      | Hudziński     | Wieleń              |                             | 00:44:16.28 |
| 69  | 20   | M | 20 | 73  | Maciej       | Kulara        | Strzelce Kramieckie |                             | 00:44:26.34 |
| 70  | 15   | M | 30 | 26  | Rafał        | Ogrodowczyk   | Bielsko             | Noname PMI                  | 00:44:28.54 |
| 71  | 16   | M | 30 | 179 | Leszek       | Kmieć         | Śrem                |                             | 00:44:37.39 |
| 72  | 10   | M | 50 | 302 | Jacek        | Gnysiński     | Sieradz             | sieradzbiega.pl             | 00:44:42.14 |
| 73  | 17   | M | 30 | 85  | Bartek       | Kobus         | Gorzów Wlkp.        | szajss masters              | 00:44:53.24 |
| 74  | 11   | M | 40 | 106 | Roman        | Agaciak       | międzychód          |                             | 00:44:54.48 |
| 75  | 18   | M | 30 | 4   | Grzegorz     | Olbrych       | Międzyrzecz         |                             | 00:45:05.52 |
| 76  | 12   | M | 40 | 99  | Tomasz       | Siwiecki      | Kraków              | JasiekMelaTeam              | 00:45:18.90 |
| 77  | gen6 | K | 20 | 307 | Jędrzejczak  | Domminika     | Zielona Góra        |                             | 00:45:21.81 |
| 78  | 19   | M | 30 | 67  | Radomir      | Krawiecki     | Skórzewo            | BRAZUMA                     | 00:45:30.45 |
| 79  | 20   | M | 30 | 260 | ŁUKASZ       | GÓRKA         | PSZCZEW             | Leśny amator                | 00:45:38.00 |
| 80  | 13   | M | 40 | 207 | Jacek        | Wylegała      | Międzychód          |                             | 00:45:39.00 |
| 81  | 21   | M | 20 | 320 | Adam         | Pietruszyński | Międzychód          |                             | 00:45:43.20 |
| 82  | 22   | M | 20 | 213 | Mariusz      | Więła         | Brzeźno             | sieradzbiega.pl             | 00:45:45.49 |
| 83  | 21   | M | 30 | 252 | Jędrzej      | Hetmanowski   | Międzychód          |                             | 00:45:46.40 |
| 84  | 22   | M | 30 | 304 | Jarosław     | Trzymczak     | Gorzów              |                             | 00:45:48.83 |
| 85  | 23   | M | 20 | 310 | Michał       | Marciniak     | Międzychód          |                             | 00:45:50.58 |
| 86  | 23   | M | 30 | 22  | Grzegorz     | Wybacz        | Gorzów Wlkp.        | Run Expert Gorzów Wlkp./Bez | 00:45:56.44 |
| 87  | 24   | M | 30 | 214 | Sławomir     | Wiśniewski    | Trzebiez-Drezdenko  | Niezrzeszony                | 00:46:06.07 |
| 88  | 11   | M | 50 | 199 | Tadeusz      | Flens         | Międzychód          | niezrzeszony                | 00:46:10.96 |
| 89  | 25   | M | 30 | 191 | Maciej       | Łuczak        | Międzychód          |                             | 00:46:13.25 |
| 90  | 24   | M | 20 | 91  | Łukasz       | Kochański     | Międzychód          | -                           | 00:46:14.75 |
| 91  | 25   | M | 20 | 240 | Jędrzejczak  | Łukasz        | Międzyrzecz         |                             | 00:46:19.86 |
| 92  | 26   | M | 30 | 253 | Ł            | Owczarek      | MiÅ™dzyrzecz        | -                           | 00:46:21.58 |
| 93  | 27   | M | 30 | 305 | Radosław     | Spychała      | Chrzypsko WIELKIE   |                             | 00:46:23.60 |
| 94  | 14   | M | 40 | 301 | PIOTR        | BABELCZYK     | MIĘDZYCHÓD          |                             | 00:46:25.91 |
| 95  | 28   | M | 30 | 246 | Marcin       | Olszowski     | Chrzypsko Wielkie   |                             | 00:46:26.94 |
| 96  | 29   | M | 30 | 52  | Łukasz       | Wasyłyk       | CZARNKÓW            |                             | 00:46:27.96 |
| 97  | 26   | M | 20 | 16  | Kaźmierczyk  | Konrad        | Słupsk              |                             | 00:46:29.89 |
| 98  | 15   | M | 40 | 130 | KRZYSZTOF    | SZCZERBIAK    | SKWIERZYNA          |                             | 00:46:31.06 |
| 99  | 5    | M | 16 | 29  | Zdziechowski | Maciej        | Poznan              | MKS Karkonosze              | 00:46:34.78 |
| 100 | 16   | M | 40 | 313 | Mariusz      | Graś          | Krzyż Wlkp.         |                             | 00:46:44.79 |
| 101 | 12   | M | 50 | 102 | Tomasz       | Zimny         | Szczecin            |                             | 00:46:51.81 |
| 102 | 27   | M | 20 | 178 | Robaszyński  | Piotr         | Kęszycza Leśna      |                             | 00:46:53.67 |
| 103 | 30   | M | 30 | 46  | Krzysztof    | Kuczer        | Międzychód          |                             | 00:46:58.30 |
| 104 | 2    | M | 60 | 144 | Ryszard      | Ostrowski     | Kalsko              |                             | 00:47:04.99 |
| 105 | 28   | M | 20 | 308 | Jan          | Kowalewicz    | Łowię               | Za trzy z dwutaktu          | 00:47:05.19 |
| 106 | 31   | M | 30 | 225 | Wojciech     | Santarek      | Szczecin            | niezrzeszony                | 00:47:07.65 |
| 107 | 17   | M | 40 | 223 | Dariusz      | Nowak         | Międzychód          |                             | 00:47:09.70 |
| 108 | 13   | M | 50 | 109 | Janusz       | Szozda        | Budzyń              | Olimpijczyk Budzyń          | 00:47:16.84 |
| 109 | 32   | M | 30 | 124 | Marcin       | Ławniczak     | Wronki              |                             | 00:47:18.30 |
| 110 | 29   | M | 20 | 82  | Radosław     | Rusin         | Krzyż Wielkopolski  |                             | 00:47:25.46 |
| 111 | 33   | M | 30 | 183 | Bartosz      | Rozsak        | Wronki              | Karczma Bracka              | 00:47:26.35 |
| 112 | 30   | M | 20 | 277 | Artur        | Pacek         | Słupsk              |                             | 00:47:29.86 |
| 113 | 3    | M | 60 | 287 | Aleksander   | Majłowski     | Gorzów Wlkp.        |                             | 00:47:33.53 |
| 114 | 31   | M | 20 | 208 | Piotr        | Kruczyński    | Gorzów              |                             | 00:47:35.12 |
| 115 | 1    | K | 30 | 218 | Marzena      | Łukaszewicz   | Barlinek            |                             | 00:47:37.28 |
| 116 | 32   | M | 20 | 267 | Piotr        | Pawlik        | Frankowo            | Energobud Oddział Poznań    | 00:47:38.43 |
| 117 | 18   | M | 40 | 231 | SŁAWOMIR     | ORZEŁEK       | PIŁA                | ORZEŁEK TEAM PIŁA           | 00:47:39.21 |
| 118 | 33   | M | 20 | 44  | Mateusz      | Świłała       | Poznań              |                             | 00:47:45.20 |
| 119 | 34   | M | 30 | 158 | ADAM         | SCHULZ        | MIĘDZYRZECZ         | niezrzeszony                | 00:47:54.56 |
| 120 | 35   | M | 30 | 204 | Tomasz       | Rembacz       | Chrzypsko Wielkie   |                             | 00:47:56.28 |
| 121 | 19   | M | 40 | 154 | Paweł        | Jakubowski    | Gorzów Wlkp.        | Run Expert Gorzów Wlkp.     | 00:47:58.77 |
| 122 | 36   | M | 30 | 197 | Waldemar     | Rogała        | Międzychód          | KP PSP                      | 00:48:03.25 |
| 123 | 37   | M | 30 | 7   | Jarosław     | Obydź         | Rogoźno             |                             | 00:48:10.28 |
| 124 | 1    | K | 20 | 312 | Beata        | Kamińska      | Poznań              | Night Runners               | 00:48:13.59 |
| 125 | 34   | M | 20 | 87  | Maciej       | Putowski      | Mosina              | Night Runners               | 00:48:14.11 |
| 126 | 35   | M | 20 | 284 | Mateusz      | Zawodny       | Lubon               | alliance ju-jitsu           | 00:48:16.19 |
| 127 | 1    | K | 50 | 14  | Małgorzata   | Kwiatkowska   | Szczecin            | Maratończyk Team Szczecin   | 00:48:23.50 |
| 128 | 38   | M | 30 | 285 | Krzysztof    | Czechowski    | Swarzędz            | SWARZĘDZ TEAM               | 00:48:24.46 |
| 129 | 39   | M | 30 | 108 | Paweł        | Waśniowski    | Dąbrowka            | Keep Running                | 00:48:33.42 |
| 130 | 6    | M | 16 | 11  | PATRYK       | MACIEJEWSKI   | MIĘDZYRZECZ         |                             | 00:48:37.65 |

|     |    |      |     |            |               |                     |                          |             |
|-----|----|------|-----|------------|---------------|---------------------|--------------------------|-------------|
| 131 | 36 | M 20 | 126 | Mateusz    | Grzela        | Międzychód          |                          | 00:48:48.80 |
| 132 | 14 | M 50 | 164 | Andrzej    | Dawidowicz    | Bledzew             |                          | 00:48:51.54 |
| 133 | 2  | K 20 | 299 | Magdalena  | Szczepańska   | Smolice             |                          | 00:48:53.78 |
| 134 | 15 | M 50 | 288 | PAWEŁ      | RANISZEWSKI   | ŻARY                | NIEZRZESZONY             | 00:48:55.73 |
| 135 | 1  |      | 140 | marian     | .zdanowski    | poznan              |                          | 00:48:57.22 |
| 136 | 37 | M 20 | 5   | Piotr      | Ignaczak      | Strzelce Kranieckie |                          | 00:48:58.53 |
| 137 | 40 | M 30 | 290 | Przemysław | Woroch        | Koziegłowy          |                          | 00:49:05.01 |
| 138 | 41 | M 30 | 125 | Leszek     | Śwital        | Chodzież            | Tazar                    | 00:49:08.04 |
| 139 | 16 | M 50 | 264 | Roman      | Panek         | Koźmin Wlkp         | Miłośnicy Piłki Nożnej   | 00:49:11.65 |
| 140 | 42 | M 30 | 324 | Jarosław   | Rembacz       | Międzychód          |                          | 00:49:20.44 |
| 141 | 20 | M 40 | 201 | Dariusz    | Kliks         | Poznań              |                          | 00:49:24.05 |
| 142 | 43 | M 30 | 96  | Paweł      | Krukowski     | Poznań              |                          | 00:49:27.95 |
| 143 | 44 | M 30 | 78  | Tomasz     | Leszczyłowski | Międzychód          |                          | 00:49:38.52 |
| 144 | 38 | M 20 | 81  | Piotr      | Szpajer       | Luboń               |                          | 00:49:41.60 |
| 145 | 45 | M 30 | 66  | JAKUB      | PIECHOTA      | MIĘDZYCHÓD          |                          | 00:49:45.70 |
| 146 | 39 | M 20 | 236 | Waldemar   | Skoneczny     | Sulęcín             | -                        | 00:49:58.80 |
| 147 | 17 | M 50 | 270 | Leszek     | Lewandowski   | myslibórz           |                          | 00:50:00.80 |
| 148 | 21 | M 40 | 151 | Arek       | Misiak        | Szczecin            | RAZ Szczecin             | 00:50:02.41 |
| 149 | 46 | M 30 | 121 | Gieremek   | Dariusz       | Miedzichód          | PMI                      | 00:50:09.19 |
| 150 | 3  | K 20 | 329 | Marta      | Dzioch        | Strzelce Krajeńskie |                          | 00:50:15.96 |
| 151 | 1  | M 70 | 6   | JÓZEF      | WRONA         | WIELEŃ              | BRYGIER KRZYŻ            | 00:50:20.21 |
| 152 | 47 | M 30 | 12  | Jacek      | Strabel       | Komorniki           | KB INTREX POZNAŃ         | 00:50:27.29 |
| 153 | 48 | M 30 | 68  | Marcin     | Kietliński    | Poznań              | Energobud Oddział Poznań | 00:50:39.48 |
| 154 | 49 | M 30 | 245 | Przemysław | Staszyński    | Międzyrzecz         |                          | 00:50:41.72 |
| 155 | 22 | M 40 | 258 | JACEK      | GLEZER        | MIĘDZYCHÓD -BIELSKO |                          | 00:50:44.81 |
| 156 | 4  | K 20 | 75  | Agata      | Szuca         | Strzelce Kranieckie |                          | 00:50:47.61 |
| 157 | 50 | M 30 | 272 | Krzysztof  | Majorek       | Międzychód          |                          | 00:50:48.38 |
| 158 | 1  | K 16 | 250 | Aleksandra | Szuffak       | "Mię<br>dzychód"    |                          | 00:50:50.67 |
| 159 | 51 | M 30 | 283 | Tomasz     | Molik         | Międzychód          |                          | 00:50:52.93 |
| 160 | 23 | M 40 | 25  | ROMAN      | ROMANOWSKI    | Poznań              |                          | 00:50:56.75 |
| 161 | 7  | M 16 | 141 | Kacper     | Koza          | Drawski Młyn        | amator                   | 00:50:58.85 |
| 162 | 40 | M 20 | 242 | Sawicki    | Krzysztof     | Szczecin            |                          | 00:51:00.22 |
| 163 | 8  | M 16 | 268 | Jakub      | Sągajłto      | Czechów             | Run Expert Gorzów Wlkp   | 00:51:07.11 |
| 164 | 9  | M 16 | 15  | Artur      | Parzybut      | Pniewy              |                          | 00:51:09.46 |
| 165 | 41 | M 20 | 271 | Maciej     | Pertek        | Czarnków            |                          | 00:51:11.49 |
| 166 | 4  | M 60 | 210 | Zygmunt    | Liszewski     | Szczecin            | Maratonczyk Team         | 00:51:22.65 |
| 167 | 10 | M 16 | 59  | Hubert     | Jagodziński   | Międzychód          |                          | 00:51:30.44 |
| 168 | 42 | M 20 | 58  | Grzegorz   | Kuczer        | Poznań              |                          | 00:51:36.14 |
| 169 | 24 | M 40 | 17  | Bartosz    | Szwedowicz    | Gorzów Wlkp.        |                          | 00:51:38.58 |
| 170 | 43 | M 20 | 192 | Marek      | Jałoszyński   | Rogoźno             |                          | 00:51:40.71 |
| 171 | 44 | M 20 | 150 | Rafał      | Bilski        | Wronki              |                          | 00:51:51.05 |
| 172 | 45 | M 20 | 215 | Mirosław   | Białek        | Wronki              | GIN & TONIC TEAM         | 00:51:53.52 |
| 173 | 25 | M 40 | 132 | WOJCIECH   | SITKOWSKI     | KOMOROWO            |                          | 00:51:59.69 |
| 174 | 46 | M 20 | 278 | Wojciech   | Bartkowiak    | Pniewy              |                          | 00:52:02.52 |
| 175 | 26 | M 40 | 23  | Leszek     | Mucha         | Poznań              |                          | 00:52:10.37 |
| 176 | 47 | M 20 | 79  | Maciej     | Czapczyk      | Poznań              |                          | 00:52:10.64 |
| 177 | 5  | M 60 | 328 | Eugeniusz  | Staniewski    | Zgorzelec           | amator                   | 00:52:13.95 |
| 178 | 27 | M 40 | 43  | Rafał      | Wiśniewski    | Międzychód          |                          | 00:52:29.80 |
| 179 | 28 | M 40 | 9   | Wojciech   | Skokowski     | Międzychód          |                          | 00:52:31.90 |
| 180 | 48 | M 20 | 315 | Jakub      | Napierała     | Kamionna            |                          | 00:52:33.09 |
| 181 | 18 | M 50 | 42  | Zbigniew   | Brzykcy       | Skwierzyna          |                          | 00:52:35.17 |
| 182 | 49 | M 20 | 166 | Wojciech   | Paprocki      | Swarzędz            | Swarzędz Team            | 00:52:36.46 |
| 183 | 50 | M 20 | 254 | Tomasz     | Walkowiak     | Luboń               |                          | 00:52:49.11 |
| 184 | 29 | M 40 | 111 | Maciej     | Buśko         | Międzychód          |                          | 00:52:53.01 |
| 185 | 52 | M 30 | 72  | Radomir    | Pertek        | Czarnków            |                          | 00:52:59.03 |
| 186 | 53 | M 30 | 57  | Mikołaj    | Konopiński    | Międzychód          | noname PMI               | 00:53:00.70 |
| 187 | 6  | M 60 | 118 | Bogdan     | Bilon         | Sulechów            | Zbrojownia Sulechów      | 00:53:02.35 |
| 188 | 51 | M 20 | 322 | Mateusz    | Kęsy          | Wronki              |                          | 00:53:04.14 |
| 189 | 30 | M 40 | 65  | Andrzej    | Witkowski     | Gorzów wlkp         |                          | 00:53:05.77 |
| 190 | 5  | K 20 | 212 | Elżbieta   | Wziętek       | Międzychód          | KB Siostry Sisters       | 00:53:06.83 |
| 191 | 6  | K 20 | 131 | Kamila     | Wziętek       | Międzychód          | KB Siostry Sisters       | 00:53:08.30 |
| 192 | 54 | M 30 | 101 | Paweł      | Silewicz      | Międzychód          |                          | 00:53:09.07 |
| 193 | 55 | M 30 | 295 | Marcin     | Fornalik      | Dąbrowka            |                          | 00:53:11.41 |
| 194 | 2  | K 30 | 205 | Karolina   | Iskra-Wiatr   | Poznań              | KB Maniac Poznań         | 00:53:12.53 |
| 195 | 3  | K 30 | 168 | Izabela    | Zbyszewska    | Złotniki            |                          | 00:53:14.72 |
| 196 | 4  | K 30 | 49  | Joanna     | Imilkowska    | Poznań              | Klamoty Chorzępowo       | 00:53:22.92 |
| 197 | 56 | M 30 | 100 | Zbigniew   | Lisiński      | Biezdrowo           | niezrzeszony             | 00:53:26.31 |

|     |    |      |     |            |              |                        |                             |             |
|-----|----|------|-----|------------|--------------|------------------------|-----------------------------|-------------|
| 198 | 11 | M 16 | 120 | Kamil      | Piechocki    | Międzychód             |                             | 00:53:28.41 |
| 199 | 31 | M 40 | 182 | Koza       | Eugeniusz    | Drawski Młyn           | brak                        | 00:53:30.76 |
| 200 | 57 | M 30 | 122 | Piwosz     | Michał       | Wronki                 |                             | 00:53:32.48 |
| 201 | 58 | M 30 | 176 | JAROSŁAW   | MALICKI      | ALOJZÓW                | 17 WBZ                      | 00:53:35.44 |
| 202 | 7  | K 20 | 257 | Monika     | Maciejewska  | Łrem                   | Runners Power               | 00:53:52.80 |
| 203 | 7  | M 60 | 51  | Kazimierz  | Zdziechowski | Łšrem                  | Runners Łšrem               | 00:53:52.99 |
| 204 | 59 | M 30 | 280 | Tomasz     | Sidorczuk    | Trzebież               |                             | 00:53:56.38 |
| 205 | 52 | M 20 | 107 | Radosław   | Koza         | Wronki                 | NIEZRZESZONY                | 00:54:04.24 |
| 206 | 53 | M 20 | 45  | Sebastian  | Przybył      | Wronki                 |                             | 00:54:07.58 |
| 207 | 60 | M 30 | 217 | Jarosław   | Grabowski    | Przytoczna             | -                           | 00:54:11.77 |
| 208 | 32 | M 40 | 135 | Stróżyk    | Paweł        | Skórzewo               |                             | 00:54:13.91 |
| 209 | 54 | M 20 | 18  | Grzegorz   | Gielżyński   | Sulechów               |                             | 00:54:16.44 |
| 210 | 61 | M 30 | 181 | Bartłomiej | Piwecki      | Poznań                 |                             | 00:54:31.85 |
| 211 | 62 | M 30 | 94  | Radosław   | Karge        | Krzypsko Wielkie       |                             | 00:54:42.85 |
| 212 | 63 | M 30 | 188 | Marek      | Ozdoba       | Poznań                 | KB Intrex Poznań            | 00:54:48.58 |
| 213 | 64 | M 30 | 90  | Paweł      | Ampuła       | Gorzów Wielkopolski    |                             | 00:54:49.24 |
| 214 | 19 | M 50 | 47  | Zbigniew   | Jasianek     | Sieradz                | sieradzbiega.pl             | 00:54:51.70 |
| 215 | 55 | M 20 | 174 | ŁUKASZ     | SOCHACZEWSKI | SŁUPSK                 | 17 WBZ                      | 00:55:01.37 |
| 216 | 65 | M 30 | 325 | Grzegorz   | Michalak     | Karlino                |                             | 00:55:03.50 |
| 217 | 56 | M 20 | 50  | Bartosz    | Kokoszaniek  | Międzychód             |                             | 00:55:11.07 |
| 218 | 1  | K 60 | 234 | Irena      | Majłowska    | Gorzów Wlkp.           |                             | 00:55:25.19 |
| 219 | 66 | M 30 | 129 | Piotr      | Zeler        | Gorzów Wlkp.           | Szajssmasters               | 00:55:27.66 |
| 220 | 8  | M 60 | 32  | Marek      | Stryjakowski | Poznań                 | Bula Team                   | 00:55:34.06 |
| 221 | 57 | M 20 | 251 | Bartłomiej | Kryszak      | Wieleń                 |                             | 00:55:35.46 |
| 222 | 2  | K 16 | 92  | Izabela    | Nowakowska   | Łokacz Mały            |                             | 00:55:36.32 |
| 223 | 33 | M 40 | 33  | Adam       | Janeczko     | Poznań                 | niezrzeszony                | 00:55:39.07 |
| 224 | 67 | M 30 | 306 | Paweł      | Lehmann      | Zbąszyń                | Niezrzeszony                | 00:55:40.14 |
| 225 | 12 | M 16 | 104 | Michał     | Wylegała     | Międzychód             |                             | 00:55:41.78 |
| 226 | 5  | K 30 | 19  | Katarzyna  | Bagińska     | Poznań                 |                             | 00:55:46.94 |
| 227 | 20 | M 50 | 74  | Janusz     | Manuszak     | \"Poznań               | \"                          | 00:55:59.75 |
| 228 | 68 | M 30 | 202 | Tomasz     | Framski      | Poznań                 | samodzielny                 | 00:56:01.57 |
| 229 | 9  | M 60 | 247 | Bogdan     | Kurowski     | Wronki                 |                             | 00:56:10.94 |
| 230 | 10 | M 60 | 180 | Czesław    | ROMAS        | Gorzów Wlkp            |                             | 00:56:12.87 |
| 231 | 69 | M 30 | 220 | Samotyja   | PAWEŁ        | Bodrzyca               |                             | 00:56:38.51 |
| 232 | 70 | M 30 | 303 | bartosz    | kaczmarek    | Gorzów Wielkopolski    |                             | 00:56:43.38 |
| 233 | 6  | K 30 | 86  | Marzena    | WRÓBEL       | PSZCZEW                |                             | 00:56:44.15 |
| 234 | 21 | M 50 | 80  | Mariusz    | Nowakowski   | Łokacz Mały            |                             | 00:57:01.62 |
| 235 | 58 | M 20 | 314 | Bartosz    | Drąg         | Międzychód             |                             | 00:57:02.19 |
| 236 | 34 | M 40 | 63  | Sławomir   | Skowronek    | Krzyż Wlkp.            |                             | 00:57:22.13 |
| 237 | 35 | M 40 | 27  | Piotr      | Godek        | Biskupice Wielopolskie |                             | 00:57:24.50 |
| 238 | 7  | K 30 | 113 | Agata      | Bućkowska    | Krzyż Wielkopolski     |                             | 00:57:32.24 |
| 239 | 13 | M 16 | 316 | Maciej     | Chudziński   | Przeźmierowo           |                             | 00:57:34.06 |
| 240 | 11 | M 60 | 61  | Jerzy      | Pluciński    | Sieradz                | sieradzbiega.pl             | 00:57:49.48 |
| 241 | 59 | M 20 | 77  | Jan        | Zdziechowski | Poznań                 | brak                        | 00:57:56.87 |
| 242 | 71 | M 30 | 3   | Jacek      | Nowak        | Poznań-Międzychód      | Nowaki Team                 | 00:58:17.68 |
| 243 | 3  | K 16 | 269 | Magdalena  | Filipiak     | Międzychód             |                             | 00:58:18.08 |
| 244 | 36 | M 40 | 216 | Paweł      | RYBKA        | SUCHY LAS              |                             | 00:58:24.55 |
| 245 | 8  | K 20 | 300 | Lidia      | Szajca       | Kępno                  |                             | 00:58:30.61 |
| 246 | 22 | M 50 | 243 | andrzej    | maldzis      | poznan                 |                             | 00:58:31.92 |
| 247 | 23 | M 50 | 136 | Krzysztof  | Pawlak       | Poznań                 | niezrzeszony                | 00:58:42.07 |
| 248 | 72 | M 30 | 153 | MICHAŁ     | WŁODARCZYK   | DUSZNIKI               | Larix Polonica              | 00:58:51.44 |
| 249 | 73 | M 30 | 156 | Maciej     | Piwecki      | Sady, Tarnowo Podgórne |                             | 00:58:53.52 |
| 250 | 37 | M 40 | 148 | Arkadiusz  | Jakubowski   | Międzychód             |                             | 00:59:07.82 |
| 251 | 74 | M 30 | 163 | Mateusz    | Włodarczyk   | Szamotoły              | Larix Polonica              | 00:59:18.19 |
| 252 | 75 | M 30 | 321 | Radosław   | Paciorek     | Poznań                 | LNB                         | 00:59:20.68 |
| 253 | 9  | K 20 | 327 | Martwa     | Kozłowska    | Strzelce Krajeckie     |                             | 00:59:21.73 |
| 254 | 1  | K 40 | 36  | Alina      | Fulara       | Strzelce Krajeckie     |                             | 00:59:23.65 |
| 255 | 2  |      | 123 | Paweł      | Dąbrowski    | Poznań                 |                             | 00:59:24.79 |
| 256 | 8  | K 30 | 249 | Monika     | Konopińska   | Międzychód             | SKB Gimnazjum nr 1 Drezdenl | 00:59:26.51 |
| 257 | 38 | M 40 | 256 | Maciej     | Mendel       | Grodzisk Wielkopolski  | Grodziski Klub Biegacza     | 00:59:39.65 |
| 258 | 76 | M 30 | 159 | Michał     | Paroń        | Szamotoły              | niezrzeszony                | 00:59:43.00 |
| 259 | 39 | M 40 | 170 | Krzysztof  | Góralczyk    | Skwierzyna             |                             | 00:59:53.18 |
| 260 | 77 | M 30 | 262 | Michał     | Konopiński   | Zwola                  | noname PMI                  | 01:00:03.74 |
| 261 | 9  | K 30 | 311 | kamilla    | ogrodowczyk  | bielsko                |                             | 01:00:04.83 |
| 262 | 10 | K 30 | 186 | Adriana    | Łogiewa      | Szczecin               | RAZ Szczecin                | 01:00:10.76 |
| 263 | 78 | M 30 | 330 | Andrzej    | Baciński     | Warszawa               |                             | 01:00:12.25 |
| 264 | 14 | M 16 | 232 | Śwital     | Mateusz      | Chodzież               | Tazar                       | 01:00:36.02 |

|     |    |      |     |              |             |                      |                           |             |
|-----|----|------|-----|--------------|-------------|----------------------|---------------------------|-------------|
| 265 | 40 | M 40 | 184 | Jacek        | Kowal       | Poznań               |                           | 01:00:47.73 |
| 266 | 24 | M 50 | 203 | Waldemar     | Majda       | Lusówko              |                           | 01:00:57.81 |
| 267 | 11 | K 30 | 200 | Kinga        | Michałowska | Pniewy               | niezrzeszona              | 01:01:01.97 |
| 268 | 25 | M 50 | 248 | Piotr        | Czarnecki   | Międzychód           |                           | 01:01:03.54 |
| 269 | 41 | M 40 | 114 | Maciej       | Czosnowski  | Wronki               |                           | 01:01:05.51 |
| 270 | 42 | M 40 | 10  | Dariusz      | Ziólkowski  | Southend on sea      |                           | 01:01:14.16 |
| 271 | 79 | M 30 | 34  | Klaudiusz    | Kordemann   | karlsruhe            |                           | 01:01:15.59 |
| 272 | 2  | K 40 | 53  | Barbara      | Wylegała    | Międzychód           |                           | 01:01:17.43 |
| 273 | 80 | M 30 | 161 | Piotr        | Czapka      | Rokietnica           |                           | 01:01:19.97 |
| 274 | 12 | M 60 | 165 | Palejczyk    | Jan         | Gorzów Wielkopolski  |                           | 01:01:41.23 |
| 275 | 12 | K 30 | 162 | Marta        | Przybysz    | Poznań               |                           | 01:02:23.12 |
| 276 | 26 | M 50 | 116 | Marek        | Szczepaniuk | Sulechów             | Zbrojownia Sulechów       | 01:02:33.28 |
| 277 | 10 | K 20 | 229 | Agnieszka    | Mikołajczak | Swarzędz             | Swarzędz Team             | 01:03:00.45 |
| 278 | 13 | K 30 | 317 | Konieczna    | Monika      | Poznań               |                           | 01:03:54.68 |
| 279 | 11 | K 20 | 171 | Joanna       | Szymczak    | Międzychód           |                           | 01:03:54.84 |
| 280 | 27 | M 50 | 289 | Andrzej      | Balcerek    | Wronki               |                           | 01:03:58.17 |
| 281 | 14 | K 30 | 70  | MARTA        | SILEWICZ    | MIĘDZYCHÓD           |                           | 01:04:07.70 |
| 282 | 12 | K 20 | 24  | Weronika     | Koralewska  | Poznań               | Niezrzeszony              | 01:04:23.79 |
| 283 | 81 | M 30 | 318 | Rafał        | Światała    | Kiekrz               | Klamoty Chorzempowo       | 01:04:24.24 |
| 284 | 2  | K 60 | 294 | Emilia       | Jasinowska  | Międzychód           | Gimnazjum nr 2 Międzychód | 01:04:26.84 |
| 285 | 82 | M 30 | 323 | Mieczysław   | Karkowski   | Grodziec             | KB Intrex Poznań          | 01:04:57.05 |
| 286 | 3  | K 40 | 193 | Elżbieta     | Wysłużał    | Poznań               | PKO Bank Polski           | 01:05:09.90 |
| 287 | 13 | K 20 | 293 | Karolina     | Górka       | Międzychód           | brak                      | 01:05:25.69 |
| 288 | 14 | K 20 | 56  | Agata        | Kuczer      | Poznań               |                           | 01:05:37.49 |
| 289 | 28 | M 50 | 127 | Sławomir     | Nowicki     | Stargard Szczeciński | SZWLA Stargard Szczec.    | 01:05:38.03 |
| 290 | 15 | K 30 | 222 | Renata       | Kordemann   | karlsruhe            |                           | 01:05:54.89 |
| 291 | 4  | K 16 | 298 | Iga          | Drogosz     | Gorzów Wlkp          | Run Expert Gorzów Wlkp    | 01:06:15.53 |
| 292 | 16 | K 30 | 276 | Katarzyna    | Gacek       | Poznań               |                           | 01:06:25.18 |
| 293 | 17 | K 30 | 279 | Joanna       | Borowiak    | Międzychód           |                           | 01:06:30.38 |
| 294 | 2  | K 50 | 169 | Malinowska   | Jolanta     | Poznań               |                           | 01:07:46.92 |
| 295 | 29 | M 50 | 209 | Maciej       | Augustyniak | \Poznań              | \                         | 01:07:49.99 |
| 296 | 18 | K 30 | 143 | Magdalena    | Sewiło      | Poznań               |                           | 01:10:04.82 |
| 297 | 43 | M 40 | 309 | Arkadiusz    | Koralewski  | Poznań               | Niezrzeszony              | 01:10:06.19 |
| 298 | 3  | K 50 | 195 | Małgorzata   | Wichlacz    | Lutom                | niezrzeszona              | 01:10:48.27 |
| 299 | 15 | K 20 | 238 | Ewa          | Czarnecka   | Międzychód           |                           | 01:11:41.31 |
| 300 | 16 | K 20 | 167 | Lena         | Wysłużał    | Poznań               |                           | 01:11:55.74 |
| 301 | 44 | M 40 | 244 | Tadeusz      | Jaszczyk    | Poznań               |                           | 01:12:15.16 |
| 302 | 3  | K 60 | 21  | Zdziechowska | Anna        | Łšrem                |                           | 01:12:24.88 |
| 303 | 4  | K 60 | 160 | Barbara      | Kosmalska   | Wirów                | brak                      | 01:13:36.23 |
| 304 | 83 | M 30 | 117 | Michał       | Głowacki    | Gortatowo            | Niezrzeszony              | 01:17:48.96 |